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## ◆ WHAT DID I DO TO DESERVE THIS?

During the too many years after my drinking days turned sour, I would often think “Why me? Those early entreaties, I recall were something like, “Why are you always picking on me, God? What did I do to get you mad?” Fortunately, I never quite lost my belief in a God, but I was convinced he had long ago written me off as a lost cause or one of the bad guys. And I really meant well, honest. Each time there was a foul-up at the office, a fight at home, a past due bill forgotten, and the roof caved in, it was, “Why me?” time again, without looking at the real culprit that caused the latest disaster.

My self-image in those days was that I was basically good, if misunderstood man. In reality I was sick, immature, and selfish, an impatient con artist and a world-class procrastinator to boot. I built that procrastination into an art form and almost a philosophy, often muttering: “Never do today what you can put off until tomorrow. “A lot of my fellow drunks helped by agreeing with me while I continued to test the patience of all those near and dear as well as bosses and well-meaning fellow employees attempting to cover for me. Of course, each time something came unraveled, minor or major, it was back to the old “Why me?” cry—occasionally voiced to another person but often when I was alone during those early morning hours administering my self-prescribed medicine.

After a geographic cure, leaving a good job in Houston for the promise of an interview in far-off Albany, New York, I landed—with good alcoholic navigation—in Asheville, North Carolina. I got a job as a reporter on the newspaper and immediately returned to the bottle. By odd coincidence (which I now understand was my Higher Power’s action), the Southeastern convention of AA was held in Asheville that year. My future sponsor was the managing editor of the paper and I don’t have to tell you who was assigned to cover the convention. I came away impressed, but still full of denial, noting that, “It sure is a great program for those people. They really need it.”

The “Why me?” whine continued a few more years before I fully embraced our Fellowship and began the climb back toward recovery. Little by little, however, I learned I no longer needed the self-pity embraced in that old plea and “Why me?” disappeared from my thoughts.

A strange thing happened the other night. I had been to a meeting where the topic was gratitude. It started me counting my blessings and looking at where I was, where I had come from and, most of all, my concept today of God as I understand him. Suddenly I heard myself almost saying, “Why me, God?” What did I ever do to deserve the life I have today, the wonderful friends both within and outside the program, the intuitive knowledge of what to do when some crisis occurs? Why me?” *BY PETE G. | ASHEVILLE, NORTH CAROLINA*

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## Happy, Happy Birthday!

## The Over Thirty Club

### *Keep Coming Back!*

These are folks who have donated at least one dollar a year in gratitude for their sobriety to YOUR Central Office. There are birthday envelopes available at the office or you can get them from your Central Office Delegate. We appreciate the people who show their gratitude this way.

David W. 34 Years Blue Springs Group

Ernie G. 47 Years Simple Sobriety Group

Jean F. 1 Year North Oak Group

*All of these people got their names in the paper because someone took the time and trouble to let us know they were celebrating. Be proud of your old-timers! Call the office 816-471-7229 and let us know of anyone who is celebrating 30 or more years of sobriety. Let them know you care enough to share!*

**Please make certain to include your name and group when sending in your birthday donation.**

**STARTING NOVEMBER 1st, 2019, THE SUBSCRIPTION RATE FOR THE CHANGING TIMES WILL BE \$15 PER YEAR.**

Starting in January 2020, we will only be mailing out copies of the newsletters to those who have a paid subscriptions. Event flyers will not be mailed with the newsletter. After several months of discussions at CO delegates meetings and by the Board of Directors approval, we have voted in these changes. We are not stopping publication of the newsletter. Any individuals or groups wishing to receive the newsletter may have one mailed to them by subscription. The cost will be \$15.00 per year.

The newsletter will as always be available on our website and can be printed out at your convenience. Current monthly flyers will also be available next to the newsletter on our website and can be downloaded and printed, either together or individually.

Copies of the newsletter and flyers will be available at the CO for you to pick-up, free of charge. We will also have copies at the CO Delegates meeting. If you have any questions, please call the Office at 816-471-7229. This is a cost saving effort.

**The email accounts at Central Office are :**

thedirector@kc-aa.org—Selina S.

themanager@kc-aa.org— Carl B.

kccentraloffice@kc-aa.org—General Office Mailbox

## Calendar of Event—JULY 2022

**JULY 16, 2022 AREA 39 DELEGATE'S REPORT COMMUNITY OF CHRIST  
CHURCH 1101 NE INDEPENDENCE LEE'S SUMMIT, MO 64086**

**JULY 16, 2022 A DESIGN FOR LIVING 1 YEAR ANNIVERSARY BBQ CALVERY  
CHAPEL CHURCH 26 OAK RIDGE ROAD BUFFALO, MO**

**JULY 29—JULY 31, 2022 MISSOURI STATE CONVENTION CAPITOL PLAZA HO-  
TEL 415 W MCARTY STREET JEFFERSON CITY, MO 65101**

**AUGUST 19-21, 2022 KANSAS CITY MEN'S ADVANCE PRAIRIE STAR RANCH  
WILLIAMSBURG, KS**

**AUGUST 20, 2022 PASEO GROUP'S 75TH ANNIVERSARY WESLEY HALL 3151  
OLIVE STREET KANSAS CITY, MO 64109**

**AUGUST 20, 2022 THE MANY FACES OF GRAPEVINE ALDERSGATE UNITED  
METHODIST CHURCH 350 SW STATE ROUTE 150 LEE'S SUMMIT, MO 64082**

**KEYNOTE SPEAKER: NANCY MCARTHY CLASS A GRAPEVINE TRUSSTEE**

**SEPTEMBER 16-18, 2022 CHICKEN ROCK SOBRIETY CAMPOUT RUARK BLUFF  
WEST STOCKTON, MO**

**OCTOBER 7-9, 2022 SWRAASA 2022 TULSA, OK RENAISSANCE HOTEL 6808 S.  
107TH AVE.**

**OCTOBER 28-30, 2022 COLORS OF FALL WESTERN AREA OF MISSOURI CON-  
VENTION STONE CASTLE HOTEL & CONFERENCE CENTER 3050 GREEN  
MOUNTAIN DRIVE BRANSON, MO 65616**

### **CENTRAL OFFICE WEBSITE**

**([www.kc-aa.org](http://www.kc-aa.org))**

We have a new feature in the upper right hand corner. You can now view our website in Spanish & 13 other languages. PDF's and flyers will not translate.

The Kansas City Central Office publishes the "Changing Times". The views and opinions expressed are not necessarily those of the Central Office or AAWS, Inc. The editor reserves the right to edit for length and clarity, and for accuracy concerning the quoting of AA material. "Changing Times" is about, by, and for the members of the Fellowship of AA. Quotes from Alcoholics Anonymous, the Twelve Step and Twelve Traditions, The Service Manual and Conference Approved literature and pamphlets reprinted with permission of AA World Services, Inc. and the Grapevine, Inc. There is a subscription form on the back page of the issue. It is \$15.00 per year. Thank you all for your contributions and support of the Changing Times and your Central Office. We publish something for everyone, the mistakes are in the newsletter for a reason, so everyone will have something to appreciate.

*Area Service Schedule*

**KANSAS AREA 25 COMMITTEE MEETING**

- ◆ Hilton Garden Inn- Salina, KS 3320 S 9th St  
Salina, KS 67401 785-309-0440

**MISSOURI AREA 39 ASSEMBLY**

Best Western Inn 3120 S. Limit Ave. Sedalia, MO  
1-660-826-6100

**2022 Assembly Dates**

January 15 — 16

March 26 — 27

June 25 — 26

September 17 — 18

Would you please help us carry the message to our siblings behind the walls? It's better to *get* to go to jail than to *have* to go to jail. For further information, please contact us: Ted U. 913-940-0610

*We have found much of Heaven and we have been rocketed into a fourth dimension of existence of which we had not even dreamed.*

**YOU WILL BE MISSED**

*If you know of any member of the fellowship who has gone to the big meeting in the sky. Please send an email to: [themanager@kc-aa.org](mailto:themanager@kc-aa.org)*

**DAWN H. PARKHILL GROUP**

*District Service Schedule*

**DISTRICT 9 KS**

**2nd Thursday of each month at Turner Group**

4845 Shawnee Dr. Kansas City, KS 66106.

Committees meet at 6:30PM, District meeting at 7PM.

**DISTRICT 10 KS**

**1st Thursday of the month at Church of the Resurrection.** 8412 W. 95th St., Overland Park, KS 66212

Committees meet at 6PM, District meeting at 6:30PM

**DISTRICT 23 KS**

**2nd Saturday of the month at Westside Presbyterian Church** 1024 Kasold, Lawrence, KS 66044 at 10AM

**DISTRICT 2 MO 2:00pm.**

**3RD SUNDAY OF THE MONTH SOBER**

SKIRTS 28TH & SACREMENTO St., JOSEPH MO 64507

**DISTRICT 3 MO**

**2nd Tuesday Every Month at 2PM** at Liberty Group 1323 E. County Rd. H, Liberty, MO 64068

**DISTRICT 4 MO**

**DISTRICT 6 MO.**

**3rd Sunday of the month at 1:30pm** at KC Group 1, 311 W. 80th Terr., KCMO 64114

**DISTRICT 7**

at 2:00pm. Simple Sobriety, 1040 SW Luttrell St., Suite A, Blue Springs, MO. 64015

**DISTRICT 8 MO**

**DISTRICT 10 MO**

Second Sunday 2pm, WING AND A PRAYER

**DISTRICT 11 MO**

APRIL 3, 5:30 P.M. BOLIVAR GROUP

**DISTRICT 12 MO**

**2nd Sunday Every Month at 6:00pm** Alano Club, 1800 E. 30th, St., Joplin, MO. 64804



**New Treasurers, Please let us know where to have the donations sent for your district!**

**GENERAL SERVICE OFFICE**

Post Office Box 2407  
James A Farley Station  
New York, NY 10116-2407

**KANSAS AREA 25**

KANSAS AREA ASSEMBLY  
PO Box 388  
Westmoreland, KS 66549  
Or online at www.ks-aa.org

**WESTERN AREA MISSOURI**

**AREA 39**  
WAMO TREASURER  
WAMO Treasurer  
PO Box 93  
Carthage, MO 64836

**KANSAS DISTRICT 23**

Treasurer  
PO Box 1939  
Lawrence, KS. 66044

**WAMO DISTRICT 4**

Treasurer / Lewis B.  
2020 Lake St.  
Sweet Springs, MO. 65351

**WAMO DISTRICT 6**

Treasurer  
PO Box 410894  
Kansas City, MO 64141

**YELLOW CAN FUND**

AREA 25  
PO Box 23117  
Overland Park, KS. 66283

**WAMO DISTRICT 1**

Treasurer Julius D  
First United Methodist Church  
102 N Main St  
Maryville, MO 64468

**WAMO DISTRICT 7**

Treasurer Rob A.  
P.O. Box 6952  
1951 NE Rice RD Lees Summit,  
MO 64055

**KS DISTRICT 9**

Treasurer  
PO Box 12518  
Kansas City, KS 66112

**WAMO DISTRICT 2**

Treasurer  
3122 Monterey St,  
St Joseph MO 64507.

**WAMO DISTRICT 10**

Treasurer  
P. O. Box 453  
Peculiar, MO. 64078

**KS DISTRICT 10**

Treasurer  
PO Box 15436  
Overland Park, KS 66285

**WAMO DISTRICT 3**

Treasurer; Doni P.  
PO Box 1139  
Liberty, MO 64069

**WAMO DISTRICT 17**

Treasurer  
424 Dickenson St.  
Chillicothe, MO 64601

**NEW TREASURESRS PLEASE LET US KNOW WHERE TO HAVE THE DONATIONS SENT FOR YOUR DISTRICTS**

**Tradition Seven**

*“Every A.A. group ought to be fully self-supporting, declining outside contributions.”*

**A 7th Tradition poster is now available on the KC Area Central Office website under the Announcements section.**

It is suggested that each group pay its bills and establish a prudent reserve based on monthly expenses. Once this is done, the excess amount may be distributed as follows:

**50% to Central Office**

**30% to General Service Office**

**10% to District**

**10% to Area Committee**

This is one suggested distribution plan from the pamphlet, “Self-Support: Where Money and Spirituality Mix. F-3. It is available here at the office.

## GSO Challenge

Hello everyone!

This year's challenge on June 6, 2022 is to contribute \$6.06 to the General Service Board to help in our self-support. Please be sure to indicate your contribution is for the 2022 Challenge.

If all members contributed \$6.06, the office would be fully self-supporting. As you know, not all members will contribute, but I encourage Area 39 Western Missouri to do our part.

Contributions can easily be made on-line (aa.org) or by mail to:

General Service Office  
Post Office Box 2407  
James A Farley Station  
New York, NY 10116-2407

You can combine group contributions and just say the amount is for the June 6th Challenge. These can be sent in before June 6 if you want.

Thank you for your participation and service!

Pam K

P71 A39 Western Missouri  
Delegate

Delegate Meeting, June 12, 2022

Chairperson, Greg, opened the meeting with a moment of silence followed by the Serenity Prayer.

Secretary Report: Heather summarized the minutes of the last meeting. Minutes were approved as read. Motion by Cheryl, Michael second.

Financial Report: Doni

Total Income: \$13,775.76

Total Expenses: \$14,252.34

Net (loss): (\$476.58)

Board Report: Selena

Discussed the position of Board Director, the new director will be announced at the next board meeting.

Bills are paid.

Shelves are as stocked as they can be.

Central Office Report: Michael O.

Books are backordered.

Bills are paid.

Old Business:

None

New Business:

Sites for August and September Delegate meetings was tabled.

District 10 ran an ad in PITCH. There is a QR code that takes you to the district 10 website and there is a link for newcomers.

Delegate Group Reports:

Clair-KC Group 1. Claire is moving and is stepping away from service.

Doni-Park Hill. Shelves stocked, finances

Chris-Bethel. Things are going well, finances are good. Seeing pre-COVID attendance numbers!

Vaughn-Turner. Celebrating their 9-year anniversary on July 10th from 4:00-8:00. AA and Al-Anon speakers.

Ross-Sunshine. Attendance is up. June 18th picnic 4:00-8:00.

Steve-Butler. Bills paid, limited attendance, some newcomers.

Heather-Eye Opener. Bills paid, 25th anniversary picnic on September 3. Flyer to come

John-Honest Desire. Bills paid, shelves are stocked, attendance is up. Planning an anniversary picnic in September.

Andrea-Butler. 10 people contributed to the 6/06 challenge.

Stephanie-Paseo. Almost 100% participation in the 6/06 challenge. Thanked Steve for the help with technology. Had a lot of information for groups that did not attend this meeting. Bills paid, good attendance, new elections are coming up. 75th anniversary celebration on August, 20 at 7:00p.m.

Doug-You Are Not Alone. Parkway reopened.

Moira-We Are One. 45th anniversary celebration on June 26. Bills paid.

Steve- Nuts and Bolts. Bills paid, 29th anniversary celebration on July 30. See flyer on District website.

Michelle-KC Young People. Meeting at KC Group 1 at 7:00p.m. on Saturdays. Lots of young people from all over are attending.

Terry H.-North Oak. Doing well.

Darryn-Sobriety First. Celebration on June 26 at Cedar Lake. Gratitude meeting at 10:00a.m. They are needing speakers.

Felicia-You Are Not Alone. Doing well, group is growing, taking meetings into facilities.

Thank you to KC 1 Group for hosting.

Future Delegate Meeting:

July 10, 10:00a.m. Leavenworth

Greg closed the meeting with The Lord's Prayer.



## GROUP ATTENDANCE

June 2022

BETHEL	OLATHE
BUTLER	PARKHILL
EYEOPENER	PASEO
HONEST DESIRE	SOBRIETY FIRST
KANSAS CITY GROUP #1	SOUTH LEAWOOD
KANSAS CITY YOUNG PEOPLE	SUNSHINE GROUP
North Oak	TURNER GROUP
NUTS AND BOLTS	WE ARE ONE
NORTHEAST JOHNSON COUNTY	YOU ARE NOT ALONE
LEAVENWORTH #1	Total attendance 22

We need email addresses for your group treasurer or someone in your group so we can email statements to them.

Send info to: [thedirector@kc-aa.org](mailto:thedirector@kc-aa.org)

“Our first duty, as a society, is to insure our own survival. Therefore we have to avoid distractions and multipurpose activities . . . Sobriety—freedom from alcohol—through the teaching and practice of the Twelve Steps, *is the sole purpose of an A.A. group* ... We have to confine our membership to alcoholics and we have to confine our A.A. groups to a single purpose. If we don't stick to these principles, we shall almost surely collapse. And if we collapse, we cannot help anyone.” **Bill W. / Problems Other**

# CONCEPT VII

Concept VII: The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness.

- ◆ Do we act responsibly regarding the “power of the purse”?
- ◆ Do we realize that the practical and spiritual power of the Conference will nearly always be superior to the legal power of the G.S.B.?

Service Material from the General Service Office CONCEPTS CHECKLIST A service piece for home groups, districts, areas Some of these discussion points were originally developed by an A.A. group and further developed by the trustees’ Literature Committee to be distributed by the General Service Office. While this checklist is intended as a starting point for discussion by groups, districts or areas, individual A.A. members may find it useful along with our co-founder Bill W.’s writings, a service sponsor if you have one and reflection on your own service experience. Additional information about the Concepts can be found in The A.A. Service Manual/Twelve Concepts for World Service and “The Twelve Concepts Illustrated” - pamphlet. (The Concepts stated here are in the short form.)

## Central Office June Finances

Income	\$11,196.91	<u>2022 JUNE GROUP DONATIONS</u>	\$3,685.55
Expense	\$12,827.17	<u>2021 JUNE GROUP DONATIONS</u>	\$2,555.98
Net LOSS =	(\$1,630.26)		

This net loss will be adjusted once the books are cleared up and inventory is established. With the change of Director’s this last six months some items have not been entered accurately and we should have these all corrected and be back in the green for next meeting!

**The Central Office wants to thank you for your continued support and patience as we transition the Director position. Please feel free to call or come visit and say hello to a fellow Alcoholic Selina S out of the Turner Group of KCK!**

As per your request, we are now publishing a more complete financial report. I hope this pleases those of you who have asked for it. If not, please let me know what else you would like to see. After all, this is *your* money! We at Central Office try to be good stewards of it.

Our Accountant, Janet B. of the Lenexa Group tries to come in as soon after the first of the month as possible so you can get final numbers. This month she had a lot on her plate with trying to assist with a new Director and also do the taxes. She has been invaluable!

<b>CENTRAL OFFICE</b>	
Activity	Approximate #'s
Calls	300
EMAILS	111
VISITORS	250
AFTER HOURS HOT-LINE	328
Total	989

***KANSAS CITY AREA CENTRAL OFFICE***

***200 E. 18TH AVENUE***

***NORTH KANSAS CITY, MO 64116***

***816-471-7229      FAX 816-777-2390***

***kccentraloffice@kc-aa.org***

***JULY 2022***

**This is the all new expanded edition of your Changing Times. Please call the office  
and let us know how you like it !**

For only \$15 a year, you can have your own copy of the Changing Times. Please send a check with the following information to: KC Area Central Office, 200 E. 18th Ave., North Kansas City, MO 64116.

NAME \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_

CITY, STATE, ZIP \_\_\_\_\_