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*Physically Distanced but Digitally Connected*  
 The Alcoholics Anonymous Message Carries On Amid Coronavirus (COVID-19)

A.A. in the digital age has certainly taken on a new meaning in these challenging times. Alcoholics Anonymous is not a place or an event; it exists in the hearts, minds and help freely offered by its members.

Most recently, Coronavirus (COVID-19) has affected many A.A. groups that normally would meet in- person. The General Service Office (G.S.O.) of Alcoholics Anonymous U.S./Canada, which functions as a repository for A.A. members and groups who are looking for shared experience from the A.A. Fellowship, has some general experience to share regarding this issue.

Some A.A. members have shared that meeting online has been an adjustment and has at times had its challenges. Adhering to state/provincial and federal guidelines, many A.A. members have switched from “in-person” meetings to digital meetings, on platforms such as *Zoom, Google Hangouts, Conference Calls, GoToMeeting and What’s App*, allowing the group to continue to focus on A.A.’s primary purpose: to carry its message of recovery to the alcoholic who still suffers.

In a sense, however, this current experience is not necessarily new for A.A. From its earliest beginnings, the A.A. founders recognized the need to reach beyond the face-to-face transmission of the A.A. message, giving rise to the development of A.A.’s basic text, the book *Alcoholics Anonymous*. This book and other A.A. materials which are widely available on multiple platforms – digital, audio and video – has literally circled the globe and opened the door to recovery for thousands of alcoholics looking for help. Even prior to this pandemic many A.A. members around the world – whether homebound, living in remote areas, or service members stationed in far-flung places – have counted on participating in A.A. remotely through [A.A. literature](#), phone calls with other members, correspondence by letter or email and meetings online.

While many A.A. members are for the first time reporting the shift from in-person meetings to digital platforms, for many alcoholics around the world, remote connections and digital platforms are how they initially encountered and maintain their recovery in A.A. even prior to the pandemic.

Many A.A. groups have shared with G.S.O. that they are now finding great connection in digital meetings and want to offer that same experience to anyone who has yet to attend their first meeting.

There are a number of other A.A. resources as well and those seeking help with a drinking problem can get local A.A. information through G.S.O.’s website [https://www.aa.org/pages/en\\_US/find-aa-resources](https://www.aa.org/pages/en_US/find-aa-resources) or download G.S.O.’s free of charge A.A.W.S. [Meeting Guide App](#).

# Happy, Happy Birthday!

## The Over Thirty Club

### *Keep Coming Back!*

These are folks who have donated at least one dollar a year in gratitude for their sobriety to YOUR Central Office. There are birthday envelopes available at the office or you can get them from your Central Office Delegate. We appreciate the people who show their gratitude this way.

*All of these people got their names in the paper because someone took the time and trouble to let us know they were celebrating. Be proud of your old-timers! Call the office 816-471-7229 and let us know of anyone who is celebrating 30 or more years of sobriety. Let them know you care enough to share!*

Congratulations!

ALLEN L. 37 YEARS PRIMARY  
PURPOSE

ALLEN L. 37 YEARS PRIMARY PURPOSE

Please make certain to include your name and group when sending in your birthday donation.

**STARTING NOVEMBER 1st, 2019, THE SUBSCRIPTION RATE FOR THE CHANGING TIMES WILL BE \$15 PER YEAR.**

Starting in January 2020, we will only be mailing out copies of the newsletters to those who have a paid subscriptions. Event flyers will not be mailed with the newsletter. After several months of discussions at CO delegates meetings and by the Board of Directors approval, we have voted in these changes. We are not stopping publication of the newsletter. Any individuals or groups wishing to receive the newsletter may have one mailed to them by subscription. The cost will be \$15.00 per year.

The newsletter will as always be available on our website and can be printed out at your convenience. Current monthly flyers will also be available next to the newsletter on our website and can be downloaded and printed, either together or individually.

Copies of the newsletter and flyers will be available at the CO for you to pick-up, free of charge. We will also have copies at the CO Delegates meeting. If you have any questions, please call the Office at 816-471-7229. This is a cost saving effort.

**The email accounts at Central Office are :**

thedirector@kc-aa.org—Teresa A.

themanager@kc-aa.org— Michael O.

kccentraloffice@kc-aa.org—General Office Mailbox

# Calendar of Event—JULY 2020

## CENTRAL OFFICE WEBSITE

([www.kc-aa.org](http://www.kc-aa.org))

We have a new feature in the upper right hand corner. You can now view our website in Spanish & 13 other languages. PDF's and flyers will not translate.

The Kansas City Central Office publishes the "Changing Times". The views and opinions expressed are not necessarily those of the Central Office or AAWS, Inc. The editor reserves the right to edit for length and clarity, and for accuracy concerning the quoting of AA material. "Changing Times" is about, by, and for the members of the Fellowship of AA. Quotes from Alcoholics Anonymous, the Twelve Step and Twelve Traditions, The Service Manual and Conference Approved literature and pamphlets reprinted with permission of AA World Services, Inc. and the Grapevine, Inc. There is a subscription form on the back page of the issue. It is \$15.00 per year. Thank you all for your contributions and support of the Changing Times and your Central Office. We publish something for everyone, the mistakes are in the newsletter for a reason, so everyone will have something to appreciate.

*Area Service Schedule*

**KANSAS AREA 25 COMMITTEE MEETING**

May 4, 2020

- ◆ Hilton Garden Inn- Salina, KS 3320 S 9th St  
Salina, KS 67401 785-309-0440

**MISSOURI AREA 39 ASSEMBLY**

March 21-22, 2020

June 27-28, 2020

September 19-20, 2020

Best Western Inn 3120 S. Limit Ave. Sedalia, MO  
1-660-826-6100

Would you please help us carry the message to our siblings behind the walls? It's better to *get* to go to jail than to *have* to go to jail. For further information, please contact us: Missy M. 913-702-7348 / Ted U. 913-940-0610

*We have found much of Heaven and we have been rocketed into a fourth dimension of existence of which we had not even dreamed.*

**YOU WILL BE MISSED**

*If you know of any member of the fellowship who has gone to the big meeting in the sky. Please send an email to: [themanager@kc-aa.org](mailto:themanager@kc-aa.org).*

*District Service Schedule*

**DISTRICT 9 KS**

**2nd Thursday of each month at Primary Purpose**

3038 N. 52nd St., Kansas City, KS 66109.

Committees meet at 6:30PM, District meeting at 7PM.

**DISTRICT 10 KS**

**1st Thursday of the month at Church of the Resurrection.** 8412 W. 95th St., Overland Park, KS 662212

Committees meet at 6PM, District meeting at 6:30PM

**DISTRICT 23 KS**

**2nd Saturday of the month at Westside Presbyterian Church** 1024 Kasold, Lawrence, KS 66044 at 10AM

**DISTRICT 2 MO**

**March 18, 2020. 2:00pm.** Savannah Bootstraps, 511 W Market St., Savannah, MO 64485

**DISTRICT 3 MO**

**2nd Sunday Every Month at 2PM** at Liberty Group 1323 E. County Rd. H, Liberty, MO 64068

**DISTRICT 4 MO**

**DISTRICT 6 MO.**

**3rd Sunday of the month at 1:30pm** at KC Group 1, 311 W. 80th Terr., KCMO 64114

**DISTRICT 7**

**May 19, 2020** at 2:00pm. Simple Sobriety, 1040 SW Luttrell St., Suite A, Blue Springs, MO. 64015

**DISTRICT 8 MO**

**DISTRICT 10 MO**

**March 8, 2020** 2pm, Englewood Winners, 2530 Chrysler Ave. Independence, MO 64052

**DISTRICT 11 MO**

**March 13, 2020** 5:45PM, Eldorado Gr., 1305 S Park St., Eldorado, MO. 64774

**DISTRICT 12 MO**

**2nd Sunday Every Month at 6:00pm** Alano Club, 1800 E. 30th, St., Joplin, MO. 64804

**DISTRICT 14 MO**

**2nd Sunday Every Month at 2pm.** Hillcrest Presb. Church, 818 E. Norton Rd., Springfield, MO. 65803



**New Treasurers, Please let us know where to have the donations sent for your district!**

**GENERAL SERVICE OFFICE**  
 PO Box 459  
 Grand Central Station  
 New York, NY 10163  
 Or online at www.aa.org

**KANSAS AREA 25**  
 KANSAS AREA ASSEMBLY  
 PO Box 388  
 Westmoreland, KS 66549  
 Or online at www.ks-aa.org

**WESTERN AREA MISSOURI AREA 39**  
 WAMO TREASURER  
 5229 Fuller Dr.  
 Kansas City, MO 64133  
 Or online at www.wamo-aa.org

**KANSAS DISTRICT 23**  
 Treasurer  
 PO Box 1939  
 Lawrence, KS. 66044

**WAMO DISTRICT 4**  
 Treasurer / Lewis B.  
 2020 Lake St.  
 Sweet Springs, MO. 65351

**WAMO DISTRICT 6**  
 Treasurer  
 PO Box 410894  
 Kansas City, MO 64141

**YELLOW CAN FUND AREA 25**  
 PO Box 23117  
 Overland Park, KS. 66283

**WAMO DISTRICT 1**  
 Treasurer Tim C.  
 PO Box 62  
 Rock Port, MO 64481

**WAMO DISTRICT 7**  
 Treasurer Patty G.  
 115 Spring Street #302  
 Belton, MO. 64012

**KS DISTRICT 9**  
 Treasurer  
 PO Box 12518  
 Kansas City, KS 66112

**WAMO DISTRICT 2**  
 Treasurer  
 2619 Duncan  
 St. Joseph, MO 64507

**WAMO DISTRICT 10**  
 Treasurer  
 P. O. Box 453  
 Peculiar, MO. 64078

**KS DISTRICT 10**  
 Treasurer  
 PO Box 15436  
 Overland Park, KS 66285

**WAMO DISTRICT 3**  
 Treasurer; Doni P.  
 PO Box 1139  
 Liberty, MO 64069

**WAMO DISTRICT 17**  
 Treasurer  
 424 Dickenson St.  
 Chillicothe, MO 64601

**NEW TREASURES, PLEASE LET US KNOW WHERE TO HAVE THE DONATIONS SENT FOR YOUR DISTRICTS**

**Tradition Seven**

*“Every A.A. group ought to be fully self-supporting, declining outside contributions.”*

**A 7th Tradition poster is now available on the KC Area Central Office website under the Announcements section.**

It is suggested that each group pay its bills and establish a prudent reserve based on monthly expenses. Once this is done, the excess amount may be distributed as follows:

**50% to Central Office**

**30% to General Service Office**

**10% to District**

**10% to Area Committee**

This is one suggested distribution plan from the pamphlet, “Self-Support: Where Money and Spirituality Mix. F-3. It is available here at the office.

## GROUP CHANGES

### NEW GROUPS

### MEETING CHANGES

KANSAS CITY YOUNG PEOPLE Has changed its address to Quivira Park 11901 Quivira Road Overland Park, KS 66213 Must wear a mask.

DOWNTOWN BASEMENT GROUP meeting in the parking lot Saturday 10:00 a.m. and Sunday 12:00 p.m.

The other day I remarked at my home group discussion meeting that my life was uneventful. Later it occurred to me: Who needs excitement anyway?

It's true. My life is on an even keel now, and that's the way I like it. My weekday regimen is immutable. I get up at 5:30, shower and shave, check and record my weight and blood sugar, walk the dog, fix my breakfast and get a ride from a friend to my "Daily Reprieve" meeting. I then walk seven-tenths of a mile home, read the paper, study and make notes for a course I take every semester at our community college and eat lunch. I then take the bus to class and back (one or two days a week), fix dinner in time for my wife's return from work, watch the news and a sitcom or two and turn in at 10:00.

If you're wondering about the ride and the walking, I gave up my driver's license voluntarily two years ago. Nothing serious. I hit a school crossing guard, who was taken to the hospital. After the police let me go from the scene, I rushed to the emergency room with a box of comfort food, an apology card and a Tenth Step speech. The man I hit seemed amazed that I came by. He wasn't hurt that much, but my insurance carrier was. I spent more than two hours standing in three lines at the DMV to surrender my license. Still, the DMV sent me a series of letters summoning me to come in to take a driver's test. "Too late," I kept telling them. "I'm not driving anymore." But they just didn't understand until my lawyer contacted them.

Then there's my medical routine. Several days a month I visit my doctor and a host of specialists, including a nephrologist, cardiologist, endocrinologist, nutritionist, podiatrist and dentist. Currently I'm on 16 pills, some of which I take in the morning and some at bedtime. My theme song lately is "Staying Alive" by the Bee Gees.

I'm a newly minted octogenarian, married more than 50 years to the same woman. I've been sober 44 years and counting. As of this writing I have more than 16,000 days, which is definitely the same number of AA meetings I've been to since 1976. AA saved my life, my liberty, my marriage, my job and my career. My sobriety has a 24-hour shelf-life. I live one day at a time, not one year at a time.

At this moment I'm down to a single sponsee. We manage to fit in a Step-study session every week. Another guy still considers me his sponsor. We have brunch on Saturdays, but he's slipping into dementia and doesn't remember what we discussed at the previous meeting. On Tuesdays my sponsor and I have lunch, along with a "how was your week?" dialogue.

Weekends are more variable, but still predictable. My wife and I see the kids and grandkids (who live nearby), go out for dinner, see an occasional movie, socialize with "earth people" and attend church. Nothing out of the ordinary.

We've been spending the first week in August at our "Golden Pond" lakeside cabin in the Adirondacks for 44 years now (coincident with my sobriety, which is actually no coincidence). We have a nice trailer in Florida that my wife inherited from her father. She's down there several times a year, socializing with family members and former high school classmates. I tag along once a year. I have a second home group down there and a third one up in the Northwoods.

This serenity business isn't half bad. It's not as "exciting" as my pre-AA life, but as I said, who needs excitement?

Sponsorship: "That Which We Give Away, We Keep"

"Every sponsor is necessarily a leader," wrote Bill W. in *The Language of the Heart* (p. 292). "The stakes are huge," he continued. "A human life, and usually the happiness of a whole family, hangs in the balance. What the sponsor does and says, how well he estimates the reactions of his prospects, how well he times and makes his presentation, how well he handles criticisms, and how well he leads his prospect on by personal spiritual example — well, these attributes of leadership can make all the difference, often the difference between life and death."

The General Service Conference has focused on the timeless topic of sponsorship over the years, and the following excerpts from past Conference presentations provide a window into this enduring aspect of carrying the message from one alcoholic to another. Vera M. from southwest Ohio shared this about sponsorship: "When I came to A.A., nobody asked me to meet any specifications: they just accepted me as I was, with love. My first sponsor treated me with compassion, which, I believe, means with gratitude. She understood that sponsor and sponsee meet as equal people."

"Sponsorship is important to ensure that A.A. will continue," said Dorothy M. of southern Indiana. "My sponsor was there to suggest the things I needed to do to stay sober. She was there to answer the questions I had about the program. She was there to explain the Steps and to help me work through them. She was there when I had no mind to think with. She was there to think for me. She was there with the kind of quality sobriety that I wanted. She was there to show me how to achieve quality sobriety. She was responsible."

Herb M., who served as A.A.W.S. board member in the 1960s, put it this way: "That which we give away we keep. That which we keep we lose. Such is the basis of our responsibility — to pass on to another alcoholic the message of love and understanding that made our own sobriety possible.... There has been unanimous agreement among us that the very substance of our sobriety lies in our willingness and our readiness to share this recovery experience with another."

Describing the privilege and responsibility that goes along with sponsorship in A.A., Peter W., a past Eastern Canada regional trustee, highlighted the fundamental role sponsorship plays in the Fellowship:

"A.A. had its origin in the principle of sponsorship — the need we have for one another. This principle is equally as valid today as when Bill carried the message to Dr. Bob. The world of alcoholism has changed, will continue to change. But our need for one another remains as vital today as it was in Akron in 1935. The privilege of being a sponsor insures our sobriety. It also helps us function effectively in recovery by recognizing the needs of others. It enables us to find within ourselves a response to those needs.... Sponsorship is woven intricately through our Legacies. To deny it could weaken our Fellowship.... Bill calls it 'the language of the heart.'

It transcends the appearance and the personality of the individual and goes directly to the soul. Sponsorship is the silent legacy of our Fellowship, given to us by those who went before us. It can spell the difference between survival and stagnation."



## GROUP ATTENDANCE

MARCH 2020

24 & 7 GROUP	NUTS & BOLTS KC
ALIVE AGAIN GROUP	OLATHE GROUP
BETHEL GROUP	SOUTH LEAWOOD GROUP
BLUE SPRINGS GROUP	TURNER GROUP
BONNER SPRINGS GROUP	UNITY ON THE PLAZA GROUP
CHAPTER FIVE GROUP	WING & A PRAYER GROUP
ENGLEWOOD WINNERS	Total attendance 19
HOPE GROUP	
KANSAS CITY GROUP #1	
LENEXA GROUP	
NORTHEAST JOHNSON COUNTY AA	
NORTH KANSAS CITY GROUP	
NORTH OAK GROUP	

We need email addresses for you group treasurer or someone in your group we can email statements to.

Send info to: [thedirector@kc-aa.org](mailto:thedirector@kc-aa.org)

“Our first duty, as a society, is to insure our own survival. Therefore we have to avoid distractions and multipurpose activities . . . Sobriety—freedom from alcohol—through the teaching and practice of the Twelve Steps, *is the sole purpose of an A.A. group* ... We have to confine our membership to alcoholics and we have to confine our A.A. groups to a single purpose. If we don’t stick to these principles, we shall almost surely collapse. And if we collapse, we cannot help anyone.” **Bill W. / Problems Other**

## GROUP DONATIONS

GROUP NAME	JUNE 2020	YTD 2020	GROUP NAME	JUNE. 2020	YTD 2020
449 GROUP	20.00	120.00	EXCELSIOR SPRINGS GROUP	15.00	60.00
6th CHAPTER GROUP	0.0	0.0	EYE OPENER GROUP	190.00	264.00
A VISION FOR YOU GROUP	0.00	60.00	FAMOUS BALDWIN GROUP	0.0	50.00
ACORN GROUP	0.00	181.25	FREEDOM 11 GROUP	0.0	100.00
ALIVE AGAIN	50.00	300.00	FRIENDS OF SOBRIETY –PERRY, KS.	0.0	0.0
BASEHOR GROUP	0.0	15.00	GALLITAN UPPER ROOM	0.0	25.00
BETHEL GROUP	100.00	400.00	GRASSROOTS GROUP	0.0	0.0
BEYOUND SOBRIETY WOMENS MTG	0.0	105.21	HARRISONVILLE GROUP	0.00	60.00
BILL'S FRIENDS	25.00	150.00	HIGGINSVILLE GROUP	0.0	100.00
BLUE SPRINGS GROUP	0.00	750.00	HOLDEN AA GROUP	0.0	15.00
BONNER SPRINGS GROUP	0.0	218.00	HONEST DESIRE	10.00	60.00
CAME TO BELIEVE—GLADSTONE BLVD	0.0	0.0	HOPE GROUP	0.00	589.65
CAME TO BELIEVE-O.P.	0.0	0.0	HUMBLE BEGINNINGS A.A.	0.0	0.0
CAMERON CROSSROAD GROUP	0.0	200.00	INDERPENDENCE #1 AA GROUP	0.0	5.00
CHAPTER FIVE GROUP - CLAYCOMO	0.00	680.51	IT'S NEVER TO LATE GROUP	0.0	0.0
COLLEGE BLVD. NOONERS	0.0	0.0	JAYWALKERS GROUP	0.0	139.00
CORE GROUP	0.00	100.00	JUST US GIRLS	0.0	193.00
COURAGE TO CHANGE	0.0	0.0	KANSAS CITY GROUP #1	0.0	0.0
DESOTO GROUP	0.0	25.00	KEEP IT SIMPLE GROUP—O.P.	417.00	417.00
DISTRICT 4 MO.	0.0	50.00	KNIGHTS OF SOBRIETY	20.00	120.00
DISTRICT 7 MO.	10.00	25.00	KNOB NOSTER GROUP	0.0	0.0
DISTRICT 11 MO.	10.00	20.00	LATHROP GROUP	100.00	100.00
DOWNTOWN BASEMENT GROUP	0.0	100.00	LEAVENWORTH GROUP #1	0.00	407.47
EASY DOES IT—LAWERNCE	0.0	100.00	LEAWOOD/PRAIRIE VILLAGE GROUP	75.00	150.00
ENGLEWOOD WINNERS GROUP	20.00	100.00	LEE'S SUMMIT GROUP	0.00	25.00
ENTIRELY READY GROUP	0.0	0.0	LENEXA GROUP	150.00	450.00
EUDORA MIRACLES GROUP	0.0	100.00	LIBERTY GROUP	100.00	600.00
			LIVE AND LET LIVE GROUP	0.00	90.00
			LIVING MIRACLES	0.0	60.00
			GARDEN CITY #1	50.00	50.00

## GROUP DONATIONS

GROUP NAME	JUNE. 2020	YTD 2020	GROUP NAME	JUNE. 2020	YTD 2020
MARCELINE GROUP	0.0	0.0	PRIMARY PURPOSE GROUP	30.00	120.00
MI GROUP	0.0	0.0	RECOVERY PLUS	0.00	519.64
MONDAY NIGHT TURKEYS	0.0	0.0	ROE CENTER GROUP	40.00	240.00
MUSTARD SEED GROUP	0.0	0.0	SECOND CHANCE—WARRENSBURG	0.0	80.00
NEVADA GROUP	0.00	10.00	SEDALIA 12 X 12	0.0	0.0
NEW BEGINNINGS—MARSHALL	0.0	7.00	SERNITY GROUP	0.0	0.0
NEW CHOSEN FEW GROUP	0.0	0.0	SHAWNEE GROUP	34.95	250.24
NEW FELLOWSHIP	0.0	40.00	SIMPLE SOBRIETY GROUP	0.0	50.00
NEW TONGANOXIE GROUP	0.0	0.0	SIMPLY AA—KC	0.00	37.00
NEW VISION GROUP	0.0	40.00	SLATER GROUP	0.0	2.00
NORTH KANSAS CITY GROUP	35.35	234.00	SOBER SKIRTS	0.0	0.0
NORTH OAK GROUP	80.00	480.00	SOBER AT 7 GROUP	0.00	20.00
NORTHEAST JOHNSON COUNTY GR	100.00	600.00	SOBRIETY FIRST GROUP	0.00	140.00
NORTHLAND MIRACLES GROUP	0.00	50.00	SOUTH KANSAS CITY GROUP	0.0	300.00
NUTS AND BOLTS—LENEXA	0.00	200.00	SOUTH LEAWOOD GROUP	0.00	759.00
OLATHE GROUP	0.00	370.95	SUNFLOWER ROUNDUP		
ONE DAY AT A TIME GROUP	0.0	0.0	SUNSHINE GROUP—LAWRENCE	35.00	400.00
OUR PRIMARY PURPOSE	0.0	0.0	SWEET SPRINGS GROUP	0.00	22.00
OVERLAND PARK FELLOWSHIP	0.00	120.40	THE WAY OUT GROUP	0.0	0.0
P III	0.00	280.00	TICKLED NOT TO BE PICKED	0.0	1000.00
PARKHILL GROUP	200.00	605.00	TONGIE GROUP	0.0	0.0
PASEO GROUP	25.00	125.00	TURNER GROUP	0.00	30.00
PFLUMM SOBER	0.00	681.00	TWELVE AND TWELVE GROUP	0.0	15.00
PLATTE CITY SOLUTIONS	0.00	150.00	UNION HOUSE #1	0.0	0.0
PLEASANT HILL GROUP	0.0	0.0	UNITY ON THE PLAZA	100.00	700.00
			WARD PARKWAY GROUP	0.00	700.00
			WARRENSBURG GROUP	0.0	0.0
			WE ARE ONE GROUP	0.00	320.00
			WING AND A PRAYER	0.0	0.0
			WITH NO RESERVATION	160.00	380.00
			TOTAL	1659.20	18200.22

March 19, 2020

The General Service of Alcoholics Anonymous (G.S.O.) U.S./Canada functions as a repository for A.A. members and groups who are looking for the shared experience of the Fellowship. As the global situation related to Coronavirus (COVID-19) continues to develop, we are fully committed to continue to serve as a resource center of shared

experience to help navigate this unprecedented public health emergency. It is important to note the G.S.O. is not an authoritative body over our groups, nor does it initiate rules or directives, as each A.A. group and entity is autonomous and decisions are made through its group conscience. Providing guidance on health issues is outside the scope of the A.A. sharing that G.S.O. offers. For anyone experiencing health and safety questions, it is suggested they contact national, state/provincial and local health authorities for appropriate information.

However, in response to the global outbreak, we do have some general experience regarding how some A.A. groups and members have begun to address this issue. Many are following “social distancing” guidelines established by local, state, provincial, and federal officials, while at the same time maintaining their recovery and attending digital

A.A. meetings.

By attending digital meetings, groups can focus on A.A.’s primary purpose: to carry its message of recovery to the alcoholic who still suffers. Many groups have alerted *local* A.A. offices or hotlines if they are temporarily not meeting in their regular space. Some groups have shared that they are utilizing digital platforms such as [Zoom](#), [Google Hangouts](#), or conducting conference calls.

A.A. groups are also creating contact lists, keeping in touch by phone, email or social media. Many local A.A. central/intergroup offices, and areas have added information to their websites about how to change a meeting format from “in-person” to a digital platform. A.A. in the digital age has certainly taken on a new meaning in these challenging times.

We are here to help by providing a list of resources.

- *General Service Office Website:* [www.aa.org](http://www.aa.org)
- o Videos/Audios [https://www.aa.org/pages/en\\_US/videos-and-audios](https://www.aa.org/pages/en_US/videos-and-audios)
- o Read/Listen/ASL “The Big Book” and Twelve Steps/Twelve Traditions Book  
[https://www.aa.org/pages/en\\_US/read-the-big-book-and-twelve-steps-and-twelve-traditions](https://www.aa.org/pages/en_US/read-the-big-book-and-twelve-steps-and-twelve-traditions)
- o A.A. Archives and history [https://www.aa.org/pages/en\\_US/archives-and-history](https://www.aa.org/pages/en_US/archives-and-history)
- o A.A.W.S. YouTube Channel  
<https://www.youtube.com/channel/UC2nfvf9DeDA7QYvLeq4pQ-w>
- *A.A. Grapevine website:* <https://www.aagrapevine.org/>
- o Audio, digital, hard copy resources
- o A.A. Grapevine YouTube Channel  
[https://www.youtube.com/channel/UCI9uFLJ\\_\\_aXT3-At0PIPWUQ](https://www.youtube.com/channel/UCI9uFLJ__aXT3-At0PIPWUQ)
- *A.A. Online Intergroup:* <https://www.aa-intergroup.org/>
- *Understanding Anonymity:* [https://www.aa.org/assets/en\\_US/p-47\\_understandinganonymity.pdf](https://www.aa.org/assets/en_US/p-47_understandinganonymity.pdf)

Concept VI

*On behalf of A.A. as a whole, our General Service Conference has the principal responsibility for the maintenance of our world services, and it traditionally has the final decision respecting large matters of general policy and finance. But the Conference also recognizes that the chief initiative and the active responsibility in most of these matters should be exercised primarily by the Trustee members of the Conference when they act among themselves as the General Service Board of Alcoholics Anonymous.*

Just as the A.A. groups find themselves unable to act decisively respecting world service affairs unless they delegate a great amount of active authority and responsibility to their Conference, so must the Conference in turn delegate a liberal administrative authority to the General Service Board, in order that its Trustees may act freely and effectively in the absence of the Conference itself.

This critical need for Trustee liberty of action raises several important questions.\* Next to the Conference, A.A.'s Board of Trustees should be the most influential group of world servants that we have, and therefore we shall have to consider carefully the kind and degree of authority, responsibility, leadership, and legal status the Trustees must possess in order to function at top effectiveness over the years to come. We shall need to review and perhaps amend somewhat our present methods of choosing Trustees. We shall need to define clearly the several kinds of professional and financial skills that will always be required for a balanced trusteeship. Only by so doing can we permanently insure the Board's capability of future leadership

**Central Office JUNE Finances**

Income \$7,789.01

Expense \$7,768.46

Net Gain = \$20.55 *These are preliminary numbers*

We now have a five month prudent reserve. At the October, 2015 Board of Directors meeting a motion was made, seconded and passed that Central Office establish a six month prudent reserve. We are almost there.

2020 JUNE. GROUP DONATIONS \$1,659.20

2019 JUNE. GROUP DONATIONS \$3,155.83

**Each group has the ability to make these numbers change If you do not see your home group listed here, it is because Central Office has not received a donation. Please ask why. If your group feels we need to be of more service in some area, please let us know. We cannot change that of which we are ignorant.**

As per your request, we are now publishing a more complete financial report. I hope this pleases those of you who have asked for it. If not, please let me know what else you would like to see. After all, this is *your* money! We at Central Office try to be good stewards of it.

Our Accountant, Janet B. of the Lenexa Group tries to come in as soon after the first of the month as possible so you can get final numbers. There will be months, however, that we will print preliminary numbers because of the publishing date. That will be noted above.

<b>CENTRAL OFFICE CALLS</b>			
GROUP INFORMATION	0	DETOX/TREATMENT	0
12 STEP	0	MISC.	0
BRIDGE THE GAP	0	EMAILS	0
ALANON	0	WET DRUNKS	0
OFFICE INFORMATION	0	VISITORS	0
NA/CA/OTHER	0	AFTER HOURS HOTLINE	2140

***KANSAS CITY AREA CENTRAL OFFICE***

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***June 2020***

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